

Understanding Free Play and Team Spirit

Chapter 6: Free Play and Team Spirit · Topic 1

Key Concept

During free play, we can choose what game to play and how to play it, which helps us be creative and make our own decisions.

Team spirit means helping our teammates, sharing turns, cheering for others, and playing fairly, even if our team does not win.

Good team spirit also means listening to others' ideas during play, and not getting upset or angry if things don't go exactly our way.

Learning team spirit from a young age helps us become good friends and good members of any group we join later in life, like a class, club, or sports team.

Quick Revision Notes

- Free play means choosing our own games.
- Free play helps us be creative.
- Team spirit means helping and cheering for teammates.
- Playing fairly matters, even if we don't win.
- Team spirit includes listening to others' ideas.
- We should not get upset if things don't go our way.
- Learning team spirit helps us become good group members.
- Team spirit is useful in class, clubs, and sports teams.

Practice Questions

- 1 Choose and play a game of your own choice.
- 2 Practice cheering for a friend during a game.
- 3 Share a turn with someone while playing.
- 4 Talk about a time you showed good team spirit.
- 5 Practice listening to a friend's idea during a game.
- 6 Discuss how you would react if your team lost a game.