

Safety and First Aid

Chapter 6: Safety and First Aid · Topic 1

Key Concept

Safety rules include looking both ways before crossing the road, not playing with fire, and being careful around sharp objects.

First aid means giving simple, immediate help to an injured person, like cleaning a small cut or cooling a minor burn.

For serious injuries, we should stay calm, ask an adult for help, and call for emergency medical assistance if needed.

Learning safety rules and basic first aid helps us protect ourselves and help others during accidents.

Quick Revision Notes

- Safety rules include looking both ways before crossing roads.
- We should not play with fire.
- We should be careful around sharp objects.
- First aid means giving immediate help to an injured person.
- We can clean small cuts and cool minor burns.
- For serious injuries, we should ask an adult for help.
- We may need to call for emergency assistance.
- Learning safety and first aid protects us and others.

Practice Questions

- 1 List three safety rules you follow.
- 2 Discuss how to treat a small cut.
- 3 Practice looking both ways before crossing a road (with an adult).
- 4 Discuss what to do if you see someone injured.
- 5 Create a simple safety poster.
- 6 Name an emergency phone number you know.