

Sequencing Daily Activities

Chapter 10: How do I Spend My Day? · Topic 1

Key Concept

A daily routine has a sequence - for example, we might wake up first, then brush our teeth, then have breakfast, and then go to school.

Words like 'first', 'next', 'then', and 'last' help us describe the correct order of activities in a sequence.

Sequencing activities correctly helps us understand time and order, which is an important skill in both maths and daily life planning.

We can practice sequencing by arranging picture cards of daily activities in the correct order, from morning to night.

Quick Revision Notes

- Sequencing means arranging events in the order they happen.
- A daily routine has a natural sequence.
- Words like first, next, then and last describe order.
- Sequencing helps understand time and order.
- We wake up first, then do other activities in order.
- Picture cards can help practice sequencing.
- Sequencing is useful in daily life planning.
- The order of activities usually stays the same each day.

Practice Questions

- 1 List three things you do first, next, and last in your morning routine.
- 2 Arrange picture cards of daily activities in order.
- 3 Describe your bedtime routine in sequence.
- 4 Sequence the steps of brushing your teeth.
- 5 Ask a friend to describe their morning routine in order.
- 6 Draw three pictures showing first, next and last activities.