

Understanding Colours and Colouring

Chapter 1: Colours and Colouring · Topic 1

Key Concept

The main colours we use are red, blue, yellow, green, orange, purple, black, white, brown and pink. Each colour can make our picture feel happy, calm, or exciting.

To colour neatly, we should colour slowly, stay inside the lines, and press the crayon gently and evenly.

We can find these colours all around us - the sky is blue, grass is green, and the sun is often shown as yellow or orange.

Practising colouring regularly helps us control our hand movements better, which also helps with writing and drawing skills.

Quick Revision Notes

- Common colours include red, blue, yellow, green, orange and purple.
- Colours can make a picture feel happy, calm or exciting.
- Colour slowly and stay inside the lines.
- Press the crayon gently and evenly.
- We see colours all around us in nature.
- The sky is blue and grass is green.
- Practising colouring improves hand control.
- Better hand control also helps with writing.

Practice Questions

- 1 Colour a picture using at least four different colours.
- 2 Practice colouring inside the lines of a simple shape.
- 3 Name five colours you used in your last drawing.
- 4 Draw and colour something that makes you happy.
- 5 Colour a picture of the sky and grass using correct colours.
- 6 Practice colouring slowly and evenly for five minutes.