

Understanding Days, Months and Festivals

Chapter 3: Days, Months and Festivals · Topic 1

Key Concept

The seven days of the week are Sunday, Monday, Tuesday, Wednesday, Thursday, Friday, and Saturday. Sunday and Saturday are usually holidays for school.

A year has twelve months, starting with January and ending with December. Each month has either 30 or 31 days, except February, which usually has 28.

We celebrate many festivals in India, like Diwali, the festival of lights, and Holi, the festival of colours, with family and friends.

Festivals bring families and communities together, and each festival has its own special foods, decorations, and traditions that make it unique.

Quick Revision Notes

- A week has 7 days.
- The days are Sunday to Saturday.
- A year has 12 months, from January to December.
- Diwali is the festival of lights.
- Holi is the festival of colours.
- February usually has 28 days.
- Festivals bring families and communities together.
- Each festival has its own special foods and traditions.

Practice Questions

- 1 Say the seven days of the week in order.
- 2 Say the twelve months of the year in order.
- 3 Name your favourite festival and why you like it.
- 4 Draw a diya for Diwali or colours for Holi.
- 5 Ask your family about a festival tradition they follow.
- 6 List two festivals and one special food for each.