

Understanding Time

Chapter 2: Understanding Time · Topic 1

Key Concept

A day has 24 hours, and we use clocks to tell time, dividing our day into morning, afternoon, evening, and night.

A week has 7 days (Sunday to Saturday), and we often plan activities like school and holidays around the days of the week.

A year has 12 months, each with a different number of days, and understanding a calendar helps us plan for events and celebrations.

Understanding time concepts helps us be punctual, plan our activities, and know when important events will happen.

Quick Revision Notes

- A day has 24 hours.
- Clocks tell time; day has morning, afternoon, evening, night.
- A week has 7 days (Sunday-Saturday).
- Activities are planned around week days.
- A year has 12 months.
- Months have different numbers of days.
- A calendar helps plan events.
- Time helps us be punctual and organised.

Practice Questions

- 1 List the days of the week in order.
- 2 List the months of the year in order.
- 3 Discuss your daily routine and its timings.
- 4 Draw a simple calendar for the current month.
- 5 Discuss why punctuality is important.
- 6 Practice reading the time on a clock.