

Understanding Sharing and Caring

Chapter 1: Sharing and Caring · Topic 1

Key Concept

We can share our toys, food, or books with friends and family, which makes playing and eating together more fun.

Caring means noticing when someone is sad or hurt and comforting them, or simply asking how they are feeling.

Sharing does not mean giving away everything we have - it means being willing to let others use or enjoy some of what we have too.

When we share and care regularly, we build stronger friendships, and others are more likely to share and care for us in return.

Quick Revision Notes

- Sharing means giving a part of what we have to others.
- We can share toys, food or books.
- Caring means showing kindness and concern for others.
- Caring includes comforting someone who is sad.
- Sharing doesn't mean giving away everything.
- Sharing means letting others use or enjoy some of what we have.
- Sharing and caring build stronger friendships.
- Others are more likely to share and care for us in return.

Practice Questions

- 1 Share a toy, snack, or book with someone today.
- 2 Ask a friend or family member how they are feeling.
- 3 Talk about a time someone shared something with you.
- 4 Comfort someone who seems upset.
- 5 Practice sharing something without being asked.
- 6 Discuss how sharing made you feel afterward.