

Busy at Work - Our Internal Organs

Chapter 21: Busy at Work - Our Internal Organs · Topic 1

Key Concept

The heart continuously pumps blood throughout our body, delivering oxygen and nutrients to every cell, working non-stop.

The lungs work constantly to bring in oxygen and remove carbon dioxide, essential for our body's energy production.

The stomach and intestines work to break down food into nutrients our body can absorb and use for energy and growth.

The kidneys filter our blood continuously, removing waste products and excess water to form urine, keeping our blood clean.

Quick Revision Notes

- Heart pumps blood continuously.
- It delivers oxygen, nutrients to cells.
- Lungs bring in oxygen, remove CO₂.
- This is essential for energy production.
- Stomach, intestines break down food.
- This provides nutrients for energy, growth.
- Kidneys filter blood continuously.
- They remove waste, form urine.

Practice Questions

- 1 Diagram the heart and its function.
- 2 Discuss what the lungs do continuously.
- 3 Explain how the stomach digests food.
- 4 Discuss what the kidneys filter out.
- 5 Discuss why internal organs work non-stop.
- 6 Explain why taking care of these organs matters.