

Understanding Day and Time Words

Chapter 10: How do I Spend My Day? · Topic 2

Key Concept

The day is divided into parts: morning (early part of the day), afternoon (middle of the day), evening (later part), and night (when it gets dark and we sleep).

Words like 'today' (the current day), 'tomorrow' (the day after today), and 'yesterday' (the day before today) help us talk about time in relation to the present.

We also learn the names of the seven days of the week - Sunday, Monday, Tuesday, Wednesday, Thursday, Friday, and Saturday - which repeat in the same order every week.

Understanding these time words helps us talk about our routines, plans, and past events more clearly.

Quick Revision Notes

- The day has parts: morning, afternoon, evening and night.
- 'Today' is the current day.
- 'Tomorrow' is the day after today.
- 'Yesterday' is the day before today.
- There are 7 days in a week.
- The 7 days repeat in the same order every week.
- Time words help us talk about routines and plans.
- Night is when it gets dark and we usually sleep.

Practice Questions

- 1 Say the seven days of the week in order.
- 2 Tell what you did yesterday.
- 3 Tell what you plan to do tomorrow.
- 4 Describe your morning, afternoon, evening and night activities.
- 5 Practice saying today's day of the week.
- 6 Make a small chart of your daily routine with time words.