

The Environment and Us

Chapter 18: The Environment and Us · Topic 1

Key Concept

Human activities like farming, industry, and construction impact the environment, sometimes causing pollution or habitat destruction.

The environment provides us with resources like food, water, and air, making its health essential for our own survival and well-being.

Environmental problems, like pollution and deforestation, can eventually affect human health and quality of life.

By adopting sustainable practices, like recycling and conserving resources, we can reduce our negative impact on the environment.

Quick Revision Notes

- Human activities impact the environment.
- Examples: farming, industry, construction.
- This can cause pollution, habitat loss.
- Environment provides food, water, air.
- Its health matters for our survival.
- Environmental problems affect human health.
- Examples: pollution, deforestation effects.
- Sustainable practices reduce our impact.

Practice Questions

- 1 Discuss how human activities affect the environment.
- 2 List three resources the environment provides us.
- 3 Discuss an environmental problem you have observed.
- 4 List two sustainable practices you can adopt.
- 5 Discuss why environmental health matters for humans.
- 6 Draw a picture showing environment-human connection.