

Food for All

Chapter 12: Food for All · Topic 1

Key Concept

Food security means having reliable access to sufficient, safe, and nutritious food to meet dietary needs for an active life.

Many people around the world and in India face food insecurity, lacking consistent access to enough nutritious food.

Government programmes, like public distribution systems, aim to provide affordable food grains to those in need.

Reducing food waste, supporting local farmers, and promoting equitable food distribution all help achieve food security for all.

Quick Revision Notes

- Food security: reliable access to safe, nutritious food.
- It's needed for an active, healthy life.
- Many people face food insecurity globally.
- This includes in India too.
- Government programmes help provide food.
- Example: public distribution systems.
- Reducing food waste helps food security.
- Supporting farmers also helps.

Practice Questions

- 1 Discuss what food security means.
- 2 Research a government food programme in India.
- 3 Discuss why reducing food waste helps food security.
- 4 Discuss how farmers contribute to food security.
- 5 List two ways to support food security in your community.
- 6 Discuss why some people face food insecurity.